



Forestry and Value Chains Development Programme
Tanzania – Finland Cooperation

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GUIDELINE FOR SERVICE PROVIDERS AND PARTNERS FOR COMBATING COVID-19 IN FORVAC SUPPORTED ACTIVITIES

Updated on 22nd April 2020

We are closely following instructions from Tanzanian authorities regarding COVID-19 pandemic and developments in Tanzania. Rapid spreading of COVID-19 would be a huge challenge to an already constrained health care system, so prevention is the key. Below we have collected safety measures and advice on how to reduce the risk of catching the virus and minimizing the risk of spreading it further during FORVAC supported activities. Let's protect our vulnerable population together!

Health advice: How to you protect yourself & others

- Wash your hands frequently as per attached instructions.
- When hand washing facilities are not available, use hand sanitizer.
- Ensure hand washing facilities in your home and place of work and availability of hand sanitizer in the car. Make sure that you and other people entering the office/ home/ venue/ car first wash hands (or in the minimum use hand sanitizer).
- Avoid touching your eyes, nose and mouth.
- Wipe surfaces (e.g. desks, tables, door handles, light switches) and objects (e.g. telephones, keyboards) with disinfectant regularly.
- Avoid close contact with people (keep distance of at least 1m/3 feet). No shaking hands, kissing or hugging.
- Avoid crowds and don't participate in any unnecessary gatherings (of any size). Limit social life and only meet with other people in outside conditions and by following the distance rule.
- People over 60 years of age, and persons with underlying health conditions like cancer, or asthma, have higher risk of getting the severe form of COVID-19, so they are advised to take more strict safety measures. If there is a person belonging to a risk group in the household, everyone in the same household should take extra care.
- If you or a member of the same household feel any symptoms (cough, sneezing, fever), don't take part in any FORVAC funded activity or in general move outside the household to prevent you potentially spreading the virus to others. Self-isolate and contact local health facilities for further instructions. FORVAC must be given information on any changes in teams or impact on the work plan.
- Facemasks help in preventing you from contracting the virus from symptomatic and non-symptomatic carriers. It also prevents you potentially spreading it to others. Be sure about the correct use of the type of mask you have. If disposable, dispose of it right after use and wash hands after having touched the outer layer. If reusable, wash it as per instructions.
- Have a plan in case of an emergency. Find out the relevant numbers and medical facilities.

- *Physical distancing is not the same as social distancing.* Encourage others and show example: Help and take care of vulnerable community members without exposing them (especially elder members of community, people with underlying health conditions)

FORVAC related events/meetings/travels

- Keep the participant number of any activity as small as possible, but in maximum 10 people including the organizers. For anything larger communicate with FORVAC.
- Avoid indoor events, but if such must be organized, open windows and doors to make sure the venue is well ventilated.
- In any FORVAC funded event/meeting/training ensure availability of hand washing facilities (soap, water, tissues) and alcohol-based hand sanitizer and inform participants on how and when to correctly practise hand hygiene (see attached Swahili language hand washing instructions).
 - FORVAC will cover the cost of hand washing utensils and hand sanitizer, there is no need for separate approval of this reallocation in the budget.
- Service providers and partners will inform participants before the event or any other FORVAC supported activity about conditions for participation: people with cough, sneezing, fever, any flu like symptoms should not participate **in order to protect others**. If any of the participants show these symptoms they will immediately be directed to self-isolate and contact medical facilities.
- No person belonging to risk groups (over 60 years old, people with underlying health conditions like diabetes, cancer etc.) are encouraged to take part in the events.
- Start any FORVAC related meeting with hand washing instructions and by giving the latest corona update.
- Ensure spacing, arrange seats so that participants are at least one meter apart from each other.
- Limit travel. All meetings which are possible to be held online, should be held online.

Other

- The Contracted Partner / Service Provider is responsible for informing field teams and all staff working on FORVAC related activities regarding these guidelines and for printing a copy for each staff member.
- Inform FORVAC about the possible changes in work plans and how these restrictions will be accommodated.
- Inform FORVAC of any change in environment, corona cases in the team, communities or around the area of work.
- Towards FORVAC, communicate about the corona situation in the cluster directly to the relevant Cluster Coordinator.
- Before any FORVAC intervention, check with local authorities for the latest corona updates and possible added restrictions (DED).
- Both FORVAC COVID-19 Guidelines for Service Providers and Partners (this document) and FORVAC Internal COVID-19 Guidelines will be constantly updated and are available on the FORVAC website. See <https://forvac.or.tz/publications/covid-19-guidelines/>.

This guideline is valid till further notice and possible further restrictions from the Ministry of Health (MoH) or restrictions/ procedures agreed within the FORVAC PMT will be updated in this document.

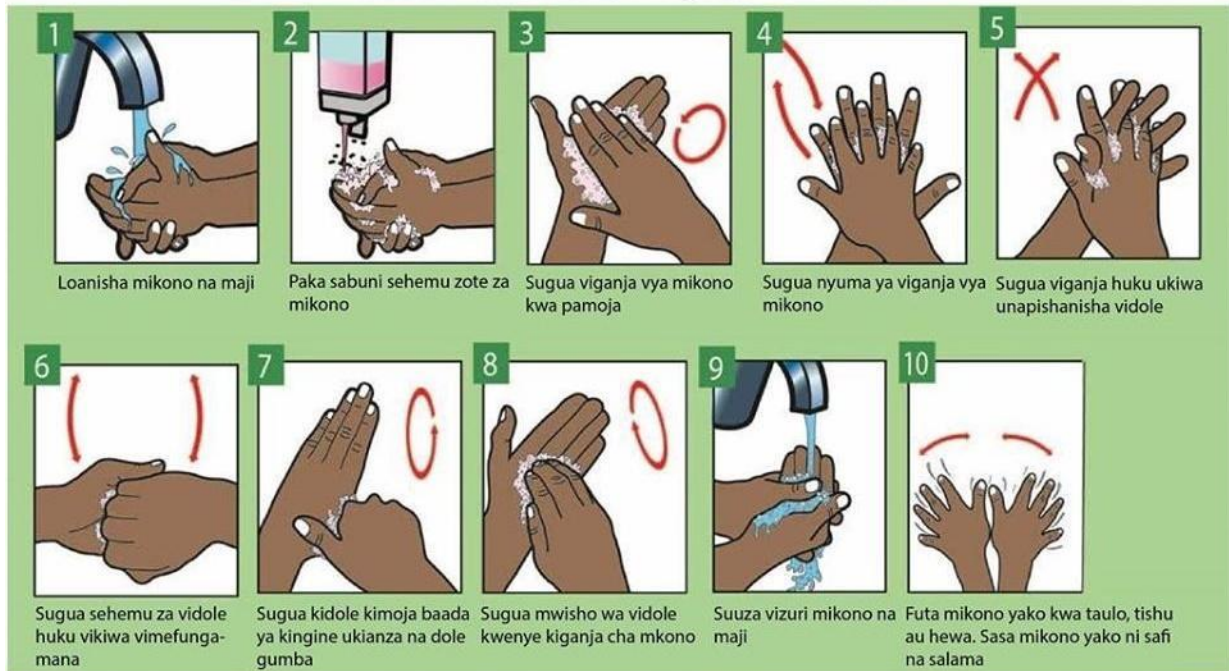
We follow the situation and inform you of any further safety measures. For more information, advice and guidance from MOH and WHO on COVID-19 kindly visit:

<https://www.moh.go.tz/en/>

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

Stay safe, FORVAC CTA

Hatua za unawaji mikono



“Mikono safi kwa wote”

AFYA YANGU, MTAJI WANGU!



Wizara ya Afya, Maendeleo ya Jamii, Jinsia, Wazee na Watoto
Kitengo cha Elimu ya Afya kwa Umma

Na: 531

